

JourneyMates 2021-22 Health and Safety Guidelines

Throughout the JourneyMates 2021-22 ministry year, JourneyMates leaders and participants will follow local, state, and federal health and safety guidelines. In addition JM leadership will consult with health care professionals who are part of our community for their guidance regarding protocols and decisions related to JM events. Our desire is to protect the health of our participants and to prevent the spread of illness.

General Health and Safety Guidelines*:

- Anyone not feeling well or showing symptoms of illness (coughing, sneezing, sore throat, nausea, achiness, or if have had a fever or any flu-like symptoms within the last 72 hours) are asked to stay home from in person JM events.
- We will honor all absences from any JM events due to health concerns or precautionary measures for one's health or the health of others.
- The capacity to maintain adequate hygiene will be available at all events. Liquid soap containers, sanitizer, facial tissue and paper towels will be readily available.

COVID-19 Related Health and Safety Guidelines*:

- As of August 1st, 2021, there are no restrictions imposed by the NC executive order for the general public.
- However, given the rise of local government mandates to mask, JourneyMates policy is to wear masks in all group settings.
- Anyone **unvaccinated** who knows or suspects that they have been exposed to COVID-19 is asked to stay home until a negative COVID-19 test result has been obtained or 14 days after exposure has passed.
- Anyone **vaccinated** who knows or suspects that they have been exposed to COVID-19 but is without symptoms is asked to be mindful of their level of exposure as they consider their attendance.

**If you have questions/concerns, please contact the
JourneyMates Program and Event Coordinator at journeymatesevents@gmail.com.**

***Please note:** Guidelines are subject to change based on current state/local regulations. Updated Sept. 1st, 2021.

Thank you for your participation in the health and safety of all JourneyMates participants and volunteers.