

**JourneyMates opens time and space to simply be with Jesus by  
by providing locally accessible Christian soul care and spiritual formation ministry.**

## JOURNEYMATES VISION-MISSION-VALUES

**Vision** - To glorify the Triune God, and grow in trusting him in all of life, by creating space for Christians to notice and respond to God's presence and invitation within and around us.

**Mission** - To provide contemplative settings where spiritual disciplines are modeled and practiced in Christian community.

**Values** - Silence, Solitude, Scripture – Ways of Being - Prayerful Presence, Attentiveness and Authenticity - Movements of the Soul: Upward, Inward, Among and Outward - Spiritual Friendship - Orthodox Christian Faith - Traditional Spiritual Disciplines – Mystery of God - Whole Person Spirituality: Mind, Body, Soul.

**Why** - Christians need time and space to simply be with Jesus.

## JOURNEYMATES MINISTRIES

- **Triangle JM Communities:** JM Central Raleigh Coed, JM North Raleigh Women's, JM Midtown Raleigh Women's, JM Durham/Chapel Hill Women's, JM2 Men's, JM Western Wake discernment, Triangle JM FAC/FIT Community.
- **JM Ministry Areas:** JM Atlanta, JM Edenton, JM Greenwich, JM Omaha/JM Bellevue, JM Virginia Beach.
- **JM and JM2 Retreats:** JM Morning Apart and JM Day Apart Retreats. JM Virtual Retreats.
- **JM Soul Care and Spiritual Formation Resources**
- **JourneyMates Non-Profit and Church:** Soul Care/Spiritual Formation Ministry, Leadership and Consultation
- **JourneyMates Podcast**



*\*JourneyMates serves over 500 through 80+ ministry events a year.*

## JOURNEYMATES LEADERSHIP

**JourneyMates Board of Trustees:** Mary Smith:Chair, Zane Creamer: Vice Chair; Frank Shell: Treasurer; Trustees: Scottie Dietz, Chris Schutte, Sally Breedlove, Donna McClatchey, Nancy Crowell, Pam Pitt: JM Area representative.

**JourneyMates Staff:** Mary Vandel Young: Executive Director: Megan Miedema, Operations Manager: Jen Whipple: Program Manager.

**Triangle JM Community Leaders and Supervisors:** Zane Creamer, Bonnie Wetzel, Anne Storelli, Laura Francis-Thorp, Frank Shell, Raquel Rogers, Paige Capes, Sally Breedlove, Jennifer Ennis, and Mary Vandel Young

**JM Area Ministry Leaders:** Lisa Backer (Omaha, NE), Kathy Padilla (Bellevue, NE), Nancy Rich (Edenton, NC), Heather Wright/Lisa Michalsky (Greenwich, CT), Cindy Gassaway (Virginia Beach), Pam Pitt/Marlayne Whitlock (Atlanta)

*\*JourneyMates Leadership engages over 60 additional women and men who serve as volunteer JM Community Leaders, JM Facilitators, JM Facilitators-in-Training and JM Venue hosts.*

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## JOURNEYMATES 2022 BUDGET

### Revenue:

Triangle JM Communities Ministry Resource Fees:	\$8,902 (\$95/ participant)
JourneyMates Ministry Area Resource Fees:	\$3,926 (\$30-\$35/ participant)
Triangle JourneyMates Retreats:	\$1,781 (\$30- \$50/ participant)
*JourneyMates Partner Contributions:	<u>\$106,710</u>
<b>Total JourneyMates Ministry organizational budget.</b>	<b>\$121,319</b>

### Expenses:

Staff salaries and expenses	\$84,790
Ministry, Resources and Program supplies	\$16,781
Legal and Organizational Expenses	<u>\$19,748</u>
<b>Total JourneyMates Ministry Expenses:</b>	<b>\$121,319</b>

*\*JM practices Transformational Giving, seeking God's provision for financial needs. For more information regarding transformational giving principles, visit [missiontriangle.org](http://missiontriangle.org). We are grateful for God's provision, the generosity of JM Partners, and the vision the Lord continues to give to further the mission, vision and values of JourneyMates. Visit [JourneyMates.org](http://JourneyMates.org) for more information regarding JourneyMates Ministry Events, JM Statement of Faith, and JM Partner Giving.*

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*“Have you ever come on anything quite like this extravagant generosity of God?  
this deep, deep wisdom?  
It's way over our heads.  
We'll never figure it out.  
Everything comes from him;  
Everything happens through him.  
Everything ends up in him.  
Always glory! Always praise! Yes. Yes. Yes.”*

*Romans 11:33-36. MSG*