

*JourneyMates opens time and space to simply be with Jesus by providing locally accessible Christian soul care and spiritual formation ministry.*

## JOURNEYMATES VISION-MISSION-VALUES

**Vision** - To glorify the Triune God, and grow in trusting him in all of life, by creating space for Christians to notice and respond to God's presence and invitation within and around us.

**Mission** - To provide contemplative settings where spiritual disciplines are modeled and practiced in Christian community, so that all God's people would abide in the loving presence of Jesus Christ, growing in trusting God in all of life.

**Values** - Silence, Solitude, Scripture – Ways of Being - Prayerful Presence, Attentiveness and Authenticity - Movements of the Soul: Upward, Inward, Among and Outward - Spiritual Friendship - Orthodox Christian Faith - Traditional Spiritual Disciplines – Mystery of God - Whole Person Spirituality: Mind, Body, Soul.

**Why** - Christians need time and space to simply be with Jesus.

## JOURNEYMATES MINISTRIES

- **Triangle JM Communities:** JM Central Raleigh Coed, JM North Raleigh Women's, JM Midtown Raleigh Women's, JM Durham/Chapel Hill Women's, JM2 Men's, JM Western Wake Women's, Triangle JM FAC/FIT Community.
- **JM Ministry Areas:** JM Atlanta, JM Edenton, JM Greenwich, JM Omaha, JM Virginia Beach.
- **JM and JM2 Retreats:** JM Mornings Apart Retreats, JM Community Taste and See Retreats, JM Virtual Retreats.
- **JM Soul Care and Spiritual Formation Resources**
- **JourneyMates Non-Profit and Church:** Soul Care/Spiritual Formation Ministry, JM Ministry Training, Coaching/Consultation.
- **JourneyMates Podcast**



\*JourneyMates serves over 500 through 80+ ministry events a year.

## JOURNEYMATES LEADERSHIP

**JourneyMates Board of Trustees:** Zane Creamer: Chair, Mary Dee Smith: Vice Chair; Frank Shell: Treasurer; Trustees: Sally Breedlove, Chris Schutte, Donna McClatchey, Nancy Crowell, Pam Pitt, John Wilson, and Carrie Alspaugh.

**JourneyMates Staff:** Mary Vandel Young: Executive Director, Wendy Simmons, Associate Director, Laney Wright: Operations Manager, Jen Whipple: Program Manager, Raquel Rogers: JM Apprentice, Julia Hageman: JM Program Intern.

**Triangle JM Community Leaders and Supervisors:** Bonnie Wetzel, Nancy Crowell, Laura Francis-Thorp, Frank Shell, Raquel Rogers, Paige Capes, Amy Ause Hayne, Annette Knox, Scottie Dietz, Jennifer Ennis, Sally Breedlove, and Mary Vandel Young

**JM Area Ministry Leaders:** Lisa Backer (Omaha, NE), Nancy Rich (Edenton, NC), Heather Wright/Lisa Michalsky (Greenwich, CT), Cindy Gassaway (Virginia Beach), Pam Pitt/Marlayne Whitlock (Atlanta)

*\*JourneyMates Leadership engages over 60 additional women and men who serve as volunteer JM Community Leaders, JM Facilitators, JM Facilitators-in-Training and JM Venue hosts.*

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## JOURNEYMATES 2023 BUDGET

### Revenue:

JM Communities Ministry Resource Fees:	\$13,600 (\$110/participant)
Triangle JourneyMates Retreats:	\$5,000 (\$30/participant)
JourneyMates Volunteer Training	\$17,300
*JourneyMates Partner Contributions:	<u>\$169,700</u>
<b>Total JourneyMates Ministry organizational budget.</b>	<b>\$205,600</b>

### Expenses:

Staff salaries and expenses	\$138,000
Ministry, Resources and Program supplies	\$29,300
Legacy Fund for Strategic Initiatives	\$4000*
Legal and Organizational Expenses	<u>\$34,300</u>
<b>Total JourneyMates Ministry Expenses:</b>	<b>\$205,600</b>

\*In addition to JourneyMates yearly budget, JM maintains a *Salary Stability Fund* equal to three months expenses and the *JM Legacy/Strategic Initiatives Fund*.

\*JM practices *Transformational Giving*, seeking God's provision for financial needs. For more information regarding transformational giving principles, visit [missiontriangle.org](http://missiontriangle.org). We are grateful for God's provision, the generosity of JM Partners who offer their time, talents, and financial gifts to support the vision the Lord continues to give to further the mission and values of JourneyMates. Visit [JourneyMates.org](http://JourneyMates.org) for more information regarding JM Ministry Events, JM Statement of Faith, and JM Partner Giving.

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*"Have you ever come on anything quite like this extravagant generosity of God?  
this deep, deep wisdom?  
It's way over our heads.  
We'll never figure it out.  
Everything comes from him;  
Everything happens through him.  
Everything ends up in him.  
Always glory! Always praise! Yes. Yes. Yes."  
Romans 11:33-36. MSG*

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